



DIPLOMA IN REFLEXOLOGY Foundational-Intermediate-Practitioner levels

ReflexologyNZ (RNZ) accredited courses which provide an opportunity for individuals to become professional Reflexologists.

This course also provides a vehicle to join ReflexologyNZ (RNZ), a progressive natural therapies association and a recognised Primary Healthcare provider

Stepping Forward Together

REFLEXOLOGY

- Introduces you to a natural, purposeful, directional health and healing modality, utilising the principles that there are reflexes in the feet, hands and ears reflecting all areas and organs of the body.
- Reflexology is a powerful touch therapy, which has proven beneficial in returning the body/mind to homeostasis.
- Reflexology is suitable for all age groups and for all health conditions provided the guidelines are followed and used responsibly.

COURSE AIM

- For students to have an awareness of the principles of Reflexology and to become competent to perform Reflexology to a professional standard. This course qualifies the student to practice as a Reflexologist.

MY AIM

- Is to facilitate learning by exploring ideas, and to assist you in developing skills for your future as a professional Reflexologist. Please inform me of any specific learning needs to ensure your goals are achieved.

TUTOR DETAILS:

- My name is Cathy Caldwell and I extend a warm welcome to you and wish you success in your studies towards becoming a professional Reflexologist.

wizwmn@xtra.co.nz 0274413169

COURSE DETAILS

Principal Tutor: Cathy Caldwell

Venue: Strive Rehabilitation, 38 West Street
Palmerston North/ or Reflexology Hub, Grand Hotel
41-44 The Square, Palmerston North
(The venue is dependent on student numbers)

Contact Hours: 180

Self –Directed: Approx. 12 hours per week

Steps to Success

1. Foundational x1 weekend
2. Intermediate x9 weekends (includes foundational)
3. Practitioner x12 weekends (includes foundational & intermediate)
4. Diploma Attainment (includes A&P completion)

Course Dates

2019	
February	23/24
March	23/24
April	27/28
May	25/26
June	22/23
July	27/28
August	24/25
September	21/22
October	19/20
November	16/17
December	7/8

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2020	
February	15/16

COURSE REQUIREMENTS

Course hours: 9 a.m. – 5.00 p.m.

Attendance: 80%.

Absences: Referred to tutor

COURSE WITHDRAWALS:

Withdrawal from the course on completion of the first day of the course will incur the loss of the \$200 deposit. Any other fees paid in advance will be refunded.

Withdrawals (within two months) will be non-refundable but are transferrable for one year. A decision will be made at the discretion of Reflexology Manawatu.

COURSE CANCELLATION:

Reflexology Manawatu reserves the right to postpone or cancel a course if there are insufficient student numbers and any fees paid will be transferrable to the next starting date.

RECOMMENDED TEXT

Better Health with Foot Reflexology (D. Byers)

*Possible group purchase for class

RECOMMENDED CHARTS

The Original Ingham Foot and Hand Charts

*Available for purchase from your tutor

LINEN

Please supply 1 sheet, 1 towel, 2 hand towels, 2 pillows for your own practical reflexology use.

ENTRY REQUIREMENTS

Entry will be through registration and paid deposit.
Registration and investment details are on the last page

ASSESSMENTS

All assessment dates for completion are set out in the course assessment schedule. Students are required to sit **all** assessments and submit course material on the due dates. Late assignments/extensions will incur costs.

Performance Criteria

- 1.1 Foundational knowledge
- 1.2 Reflexology in a clinical setting
- 1.3 Foot Care
- 1.4 Case Studies
- 1.5 Effective Communication
- 1.6 Ethical/Legal/Cultural Considerations
- 1.7 Business Skills
- 1.8 Diseases and Disorders (Pathologies)
- 1.9 Anatomy and Physiology (external)

External course related costs

Anatomy & Physiology_NZQA, Level 4, 300 hours or above

is required to complete the **Diploma level**. This can be achieved extramurally or cross credited from other health course providers.

A current First Aid Certificate with CPR training is also required to attain Diploma level.

COURSE INVESTMENTS

- **Foundational Level /Registration Fee**
To secure a place on the course please include the non-refundable deposit with the registration form.
\$200
- **Intermediate/Certificate Level**
*includes foundational level
\$2620 (early bird \$2520)
- **Practitioner/ Diploma Level**
*includes foundational level
\$3500 (early bird \$3400)

Note*Extended payment options are available as this course is RNZ accredited, and **does not** qualify for a student loan.

Intermediate/Certificate payment options

- 9 x payments of \$291

Practitioner/ Diploma payment options

- 4 x payments of \$875
- 12 x payments of \$292 payable on the 1st of each month



**FREE Student membership for one year with
Reflexology NZ (RNZ) Download the form:**

www.reflexology.org.nz



Cathy Caldwell – Principal Tutor of Reflexology
Manawatu

A highly motivated and enthusiastic Natural Health Practitioner with over 20 years of experience in multi-modality practices. Cathy revels in “walking her talk” and taking her knowledge to the community to encourage health and wellness. She was nominated as RNZ Reflexologist of the Year in 2104 for her dedication and passion for Reflexology. Cathy effectively builds rapport with both students and peers, interacts well with people from all backgrounds and possesses extensive knowledge and experience in Reflexology.

Contact Cathy for a Reflexology training course prospectus.

wizwmn@xtra.co.nz

0274413169



REFLEXOLOGY MANAWATU REGISTRATION FORM

Course

Title: _____

Name: _____

Address: _____

Contact: _____

Email: _____

*Relevant Qualifications below

Qualification	Training Establishment	Completion Year	Qualification (Proof Attached)

Payment Options (please circle)

Foundational Level/ Registration Fee

Cash Cheque Online banking

Intermediate level

Full Part x 9

Practitioner/ Diploma Level

Full Part x4 Monthly

Internet Banking:

CA Caldwell Kiwibank 38 9005 0192110 00

Mail to: Cathy Caldwell

15 Saturn Crescent, Milson, Palmerston North, 4414

or scan & email to wizwmn@xtra.co.nz

Signed: **Dated:**

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ACCOMODATION IN PALMERSTON NORTH

Civello Budget Acc. 186 Fitzherbert Ave 3553653	06
EconoLodge, 665 Pioneer Highway 3565265	06
Gateway Motel, 600 Pioneer Highway 3561526	06
Grandma's Place, 146 Grey St 3586928	06
Peppertree Backpackers, 21 Grey St 3554054	06
United Motels, 682 Pioneer Highway 3584104	06