



## **Membership Information**

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### **1. Introduction**

This document describes the different membership categories and benefits of membership to RNZ, its aim is to help you choose the most suitable category which best suits your needs. Further questions can be directed to the Membership Coordinator whose contact details are given at the end of the document.

RNZ is a national organization, which operates as a non-profit, professional body to support its members. Membership of RNZ is open to anyone

### **VISION**

The Professional body of Reflexology New Zealand Incorporated (RNZ) is committed to achieving excellence in the delivery of Reflexology by its members, as a healthcare modality of beneficial contribution, to the New Zealand community.

RNZ members are supported to develop and maintain high standards of reflective practice through ongoing education, research, communication, peer support and professional registration.

### **ABOUT US**

RNZ was formed in 2001 through merging of existing reflexology organisations. RNZ, is an independent nonprofit organization with a National Council elected annually by its members to perform voluntary roles.

RNZ endorses accredited and regularly audited Reflexology Schools nationwide to deliver Practitioner Training Programmes.

Independent Regional Groups upholding RNZ principles also operate nationwide.

### **Purpose**

RNZ is committed to enhance the professionalism of Reflexology in order to achieve excellence in the delivery of professional health care to the community at large, by means including the following:

### **Education**

To develop and uphold standards for the education of Reflexologists and develop, implement and evaluate ongoing education for its members.

### **Research**

To encourage its members to plan, research, implement, evaluate and publish relevant results of Reflexology and practice.

### **Support**

To provide a support network for its members, creating a co-operative climate and encouraging input from all members.

### **Register**

To compile, maintain and make available a register of Reflexologists.

### **Public Forum**

To make representations to relevant authorities on issues of concern to Reflexologists and to serve as an Advisory Body for such authorities.

### **Communication**

To maintain contact and co-operate with other Affiliations, National and International, having aims and objectives similar to those of RNZ, thus enhancing the work of RNZ.

### **Public Relations**

To increase public awareness of the benefits of Reflexology and its training standards.

### **Benefits**

Newsletter, local network groups, conferences, professional support, promotions, sponsored support by the RNZ.

## **2. Membership Categories**

### **Professional Members - \$150 plus \$30 application fee**

Professional membership is open to practitioners of reflexology who meet the standards of qualification and practice recognised by the RNZ Membership Committee. Professional Members can apply for membership to the New Zealand Charter of Health Practitioners and are entitled to use the designated MRNZ after their names. Please see below for details of standards of qualification accepted and benefits and entitlements of membership.

### **Instructor Status - \$80 application fee**

Professional Members can apply for Instructor status. The Professional member is required to have completed a minimum of three years reflexology practice, and hold a recognised Adult Training and Education Certificate or equivalent experience. The instructor or College/School are requested to submit the course material and assessment criteria for RNZ records. Professional Indemnity insurance is compulsory for Professional members with Instructor status.

### **Affiliate Members - \$80.00**

Suitable for people who are interested in reflexology, and may or may not be fully qualified. It includes those retired from practice or those who have not completed a practitioner qualification. **N.B. RNZ does not endorse Affiliate members practicing on members of the public.**

### **Student Members - \$65.00**

Anyone currently undertaking a course that meets the required RNZ standards. A student may remain in this membership category for up to 3 years and will not charge for treatments. Upon qualifying they become eligible to apply for Professional Membership.

## **Life Members**

Persons appointed from time to time by the Executive of RNZ, in recognition of service and commitment to RNZ they are exempt from paying a subscription. If the member continues to practice however, they must maintain Professional membership requirements.

## **3. Benefits and Entitlements of Membership**

### **Professional Members**

- use of the initials MRNZ (Professional Members only)
- use of the Associations logo on your literature
- accreditation certificate to display in your practice
- codes of practice and ethics to display in your practice
- low cost professional indemnity insurance cover with being a member of RNZ
- attendance at RNZ conference and AGM
- Sponsorship discounts around New Zealand
- receipt of association newsletter approximately 2 per year
- support in developing research projects
- listing in the register of practitioners
- entitled to nominate officers to serve on the National Council
- entitled to serve on the National Council
- may vote at the AGM either in person or by proxy or by postal ballot as shall be determined by the National Council providing all monies due and payable by the member to RNZ have been paid

### **Benefits of Professional Membership**

- belonging to a collective body gives national recognition of the professionalism of reflexology
- a network of regional groups and supportive colleagues provides opportunities for friendship and mentoring
- active involvement in leading edge developments within the world of reflexology with visiting international speakers and international education developments
- access to future health developments within New Zealand
- access to promotional items

### **Student Members**

- attendance of RNZ conference and AGM
- access to internationally renowned speakers
- access to Regional Groups
- receipt of association newsletters approximately 3 per year
- support in developing research projects
- contact with the network of reflexologists across New Zealand
- entitled to serve on a Sub Committee
- may vote at the AGM either in person or by proxy or by postal ballot as shall be determined by the National Council providing all monies due and payable by the member to RNZ have been paid

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## **4. Standards of Qualification and Practice**

### **Training/Qualification**

Reflexology Diploma – minimum NZQA level 5 or equivalent (1200 hours of study), details of course content are on the website under education.

Minimum length of course 12 months, minimum of 200 contact hours with tutor, successful completion of self directed learning and assignments, successful completion of both practical and written assessments, completion of case studies – minimum of 6 case studies of 6 treatments each to RNZ standards or equivalent.

Anatomy and Physiology Certificate – minimum NZQA level 4 or equivalent (300 hours)

Workplace First Aid Certificate – 16 hours full course or 8 hours refresher

### **Ongoing Training**

Professional members are required to participate in ongoing education and promotion of reflexology; they are required to keep a log to submit with their annual membership renewal, for details see CPD document.

### **Insurance**

Professional Indemnity Insurance to practice is compulsory for all members applying for Professional membership.

### **Eligibility**

RNZ can only accept Professional Membership applications from New Zealand citizens, permanent residents, or people holding a valid work permit. Details must be submitted with the application.

## **Requirements to become a Student Member of RNZ**

### **Training**

To be enrolled in a training course recognised by RNZ and working towards requirements to become a Professional Member. You are required to hold a current First Aid certificate before commencing case studies. You may hold this membership category for up to 3 years and will not charge for treatments.

## **5. Serving the membership – the National Council**

In addition to the direct benefits, members gain indirectly from the work carried out by the National Council made up of Executive, Committee and Sub Committee members. The National Council are

nominated and elected from the membership at the AGM, additional members may be co-opted at any time. All positions are undertaken on a voluntary basis. The National Council is in contact with the New Zealand Charter of Health Practitioners and RNZ is represented at their meetings. The National Council are in contact with other international reflexology associations and speakers in the field of reflexology world wide.

The National Council represents members and has a direct influence on the development of reflexology in New Zealand. Reports and information are provided to members via the newsletter, website, regional group coordinator and direct mailings.

Reflexology New Zealand is already regarded as an Association of integrity and high standards. Our aim is to support our members enabling them to be successful practitioners.

For further information, membership applications or enquiries please contact:

Membership Coordinator

Email: [membership@reflexology.org.nz](mailto:membership@reflexology.org.nz)

Website: [www.reflexology.org.nz](http://www.reflexology.org.nz)

Membership, period in each year starts 1 June and expires 30<sup>th</sup> June of the following year, prices may increase in the following membership period.

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