



REFLEXOLOGY MANAWATU

Foundational Reflexology



September 5th & 6th, 2020

9 am – 4 pm

@ the Reflexology Hub, Level 3

The Grand, on the Square

Central, Palmerston North



Course Facilitator

Cathy Caldwell mRNZ

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027 4413169

Foundational Reflexology will cover basic theory and the practical application of Reflexology, which will enable you to practice on family and friends as well as continuing to further your Reflexology practice in the future.

Course content may include: History of Reflexology: Zone theory: Reflexes in relation to the body: How Reflexology works: Purpose, benefits and cautions/contraindications of Reflexology: Basic reflexology relaxation and practical techniques.....

A manual and small foot chart will be supplied.

A certificate will be supplied on completion of the 2 days.

*Please bring a pen and paper, a water bottle and lunch. Food outlets are close by.

*To register your interest please complete the form below.

*Scan or phone photo and return to me once payment is complete

REGISTRATION FORM

Your Name	Contact phone	Email address
*	*	*
Investment Cost	\$125 -1 day \$235 –2 days	
Online payment details C.A Caldwell Kiwibank	38 9005 0192110 00	Reference: Your name Payment Date: _____ Receipts will be issued on the day



Time - 9am – 4pm

Venue - The Grand 41-44 the Square
Central Palmerston North