



## REFLEXOLOGY MANAWATU

### Foundational-Practitioner-Diploma Courses



Starting date: July 10<sup>th</sup> & 11<sup>th</sup>, 2021  
9 am – 3 pm  
@ the Reflexology Hub, Level 1&2  
The Grand, on the Square  
Central, Palmerston North



RNZ Approved Training Provider  
Cathy Caldwell mRNZ  
[wizwmn@xtra.co.nz](mailto:wizwmn@xtra.co.nz)  
0274 413 169

Foundational Reflexology will cover basic theory and the practical application of Reflexology. The Foundational weekend leads onto furthering your studies into Practitioner and Diploma levels. Contact Cathy for a **prospectus** with full Diploma course details.

The Foundational level course may include: History of Reflexology: Zone theory: Reflexes in relation to the body: How Reflexology works: Purpose, benefits and cautions/contraindications of Reflexology: Basic reflexology relaxation and practical techniques.....

A manual and small foot chart will be supplied.

An attendance certificate will be supplied on completion of the 2 days.

\*Please bring a pen and paper, a water bottle and lunch. Food outlets are close by.

\*To register your interest please complete the form below.

\*When the course payment is made scan or take a photo and send to me @ [wizwmn.co.nz](mailto:wizwmn.co.nz)

#### REGISTRATION FORM

Your Name	Contact phone	Email address
*	*	*
<b>Investment Cost</b>	\$235 –2 days	
<b>Online payment details</b> C.A Caldwell    Kiwibank	38 9005 0192110 00	<b>Reference:</b> Your name <b>Payment Date:</b> _____ Receipts will be issued on the day

