

REFLEXOLOGY MANAWATU



DIPLOMA IN REFLEXOLOGY **Foundation-Practitioner-Diploma levels**

ReflexologyNZ (RNZ) accredited courses which provide an opportunity for individuals to become professional Reflexologists.

This course also provides a vehicle to join ReflexologyNZ (RNZ) a progressive natural therapies association and a recognised Primary Healthcare provider

Stepping Forward Together

REFLEXOLOGY

- Introduces you to a natural, purposeful, directional health and healing modality, utilising the principles that there are reflexes in the feet, hands and ears reflecting all areas and organs of the body.
- Reflexology is a powerful touch therapy, which has proven beneficial in returning the body/mind to homeostasis.
- Reflexology is suitable for all age groups and for all health conditions provided the guidelines are followed and used responsibly.

COURSE AIM

- For students to have an awareness of the principles of Reflexology and to become competent to perform Reflexology to a professional standard. The Diploma course qualifies the student to practice as a professional Reflexologist.

MY AIM

- Is to facilitate learning by exploring ideas, and to assist you in developing skills for your future as a professional Reflexologist. Please inform me of any specific learning needs to ensure your goals are achieved.

TUTOR DETAILS

- My name is Cathy Caldwell and I extend a warm welcome to you and wish you success in your studies towards becoming a professional Reflexologist.
wizwmn@xtra.co.nz 0274 413 169

COURSE DETAILS

Principal Tutor: Cathy Caldwell mRNZ RNZATP

Venue: To be notified

Contact Hours: 180

Self-Directed: Approx. 8 hours per week.

Steps to Success

1. Foundation (1 weekend)
2. Intermediate (9 weekends)
3. Practitioner (12 weekends)
4. Diploma Attainment (includes A&P completion)

Dates

| | |
|-------------|-----|
| 2023 | |
| February | 4/5 |
| March | 4/5 |
| April | 1/2 |
| May | 6/7 |
| June | 3/4 |
| July | 1/2 |
| August | 5/6 |
| September | 2/3 |
| October | 7/8 |
| November | 4/5 |
| December | 2/3 |

COURSE REQUIREMENTS

Hours: 10 a.m. – 3.00 p.m.

Attendance: 80%.

Absences: Referred to tutor

COURSE WITHDRAWALS:

Withdrawal from the course on completion of the first day of the course will incur the loss of the \$250 deposit. Any other fees paid in advance will be refunded.

Withdrawals (within two months) will be non-refundable but are transferrable for one year. A decision will be made at the discretion of Reflexology Manawatu.

COURSE CANCELLATION:

Reflexology Manawatu reserves the right to postpone or cancel a course if there are insufficient student numbers (less than 4 people) and any fees paid will be transferrable to the next starting date.

RECOMMENDED TEXT

Better Health with Foot Reflexology (D. Byers)

Class group purchase option To be discussed

RECOMMENDED CHARTS

The Original Ingham Foot and Hand Charts

Available for purchase from your tutor

LINEN - Please bring 3 **hand towels** for your own practical reflexology use.

ENTRY REQUIREMENTS

Entry will be through registration and paid deposit.

Registration and investment details on Page 8

ASSESSMENTS

All assessment dates for completion are set out in the course assessment schedule. Students are required to sit **all** assessments and submit course material on the due dates. Late assignments/extensions will incur costs.

Performance Criteria

- 1.1 Foundation knowledge
- 1.2 Reflexology in a clinical setting
- 1.3 Foot Care
- 1.4 Case Studies
- 1.5 Effective Communication
- 1.6 Ethical/Legal/Cultural Considerations
- 1.7 Business Skills
- 1.8 Diseases and Disorders (Pathologies)
- 1.9 Anatomy and Physiology (external)

External course related costs

Anatomy & Physiology_NZQA Level 4 minimum 300 hours or above is required to complete the RNZ Diploma level. This can be achieved online or cross credited from other health course providers. info@hht.co.nz -Lynda Mabin

A current First Aid Certificate with CPR training is also required to attain Practitioner Diploma level.

COURSE INVESTMENT

- **Foundation Level & Registration Fee**
To secure a place on the course please include the non-refundable deposit with the registration form.
\$315
- **Practitioner Diploma Level**
Includes foundation & intermediate levels
\$3850 (early bird \$3775)

Note*Extended payment options are available as the Reflexology Manawatu course is a ReflexologyNZ (RNZ) approved training provider and **does not** qualify for a student loan.

Practitioner Diploma Payment Options

- 5x payments of \$770
payable on the (1st of each month)
- 11x payments of \$350
(payable on the 1st of each month)



FREE Student membership for one year with ReflexologyNZ (RNZ) www.reflexology.nz



Cathy Caldwell – Principal Facilitator of Reflexology
Manawatu

A highly motivated and enthusiastic Natural Health Practitioner with over 26 years of experience in multi-modality practices. Cathy revels in “walking her talk” and taking her knowledge to the community to encourage health and wellness. She was nominated as RNZ Reflexologist of the Year in 2104 for her dedication and passion for Reflexology. Cathy effectively builds rapport with both students and peers, interacts well with people from all backgrounds and possesses extensive knowledge and experience in Reflexology. The Diploma course provides students, graduates, and practitioners to work with Reflexology while gaining confidence and building up a client-based business.

Cathy Caldwell mRNZ RNZATP
wizwmn@xtra.co.nz
0274 413 169

REFLEXOLOGY MANAWATU REGISTRATION FORM

Course Title: _____

Name: _____

Address: _____

Contact Ph: _____

Email: _____

| Relevant Qualifications | Training Establishment | Completion Year | Qualification (Proof Attached) |
|---------------------------------|-------------------------------|------------------------|---------------------------------------|
| | | | |
| | | | |
| Anatomy & Physiology | | | |

Payment Options (please circle)

Foundation Level & Registration Fee = \$315

Practitioner Diploma Level –

Full payment

Or/ part payment x 5

Or/ part payment x 11

Online Banking details:

CA Caldwell Kiwibank 38-9005-0192073-00

Reference-Your Name **Code**-Reflex Dip

Signed: _____ **Date** _____

Please scan & email to wizwmn@xtra.co.nz